Cooking Activities: 5. Pikelets

Collect: Self Raising Flour

Eggs Milk

Salt

Butter for greasing fry pan

Large mixing bowl

Fry pan

Gas burner OR hot plate

Pikelet Recipe

- 1 cup self raising flour
- · ¼ teaspoon of salt
- 1 egg
- ¾ cup milk

Beat egg and sugar together with a whisk or fork until thick, then add to sifted flour and salt, along with the milk.

Mix until well combined. Place tablespoons of batter onto a hot greased fry pan.

Turn pikelets when bubbles start to burst on the top surface. Cook the second side until golden brown.

Level of Language to be Modelled by the Supporting Adult

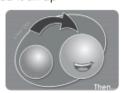
Reminder: For 3 year olds, the focus is on repeated adult modelling and not on children retelling the activity.

3 Year Old

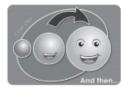
I put flour, eggs and milk in the bowl



I mixed it all up



Miss Jones cooked it in the pan



Reminder: For 4 and 5 year olds, the focus is on repeated adult modelling in addition to children retelling the activity.

4 Year Old

Today



We made pikelets



· We used flour, eggs and milk



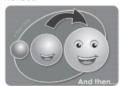
· We put the flour, eggs and milk in a big bowl



· Then we took turns to mix it



And then Miss Jones cooked the pikelets



5 Year Old

· Today at snack time



We made pikelets



· We used flour, eggs and milk



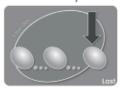
 First we mixed flour, eggs and milk in a big bowl



Second I dropped some mixture into the pan



· Last Miss Jones took the pikelets out of the pan



Refer to page 17: Activity retelling can be presented in present tense, in past tense or in present tense while explaining the task then in past tense after completion of the task.