

# Cooking Activities: 5. Pikelets

**Collect:** Self Raising Flour

Eggs

Milk

Salt

Butter for greasing fry pan

Large mixing bowl

Fry pan

Gas burner OR hot plate

**Pikelet Recipe**

- 1 cup self raising flour
- 1 egg
- ¼ teaspoon of salt
- ¾ cup milk

Beat egg and sugar together with a whisk or fork until thick, then add to sifted flour and salt, along with the milk.

Mix until well combined. Place tablespoons of batter onto a hot greased fry pan.

Turn pikelets when bubbles start to burst on the top surface. Cook the second side until golden brown.

## Level of Language to be Modelled by the Supporting Adult

**Reminder:** For 3 year olds, the focus is on repeated adult modelling and not on children retelling the activity.

### 3 Year Old

- I put flour, eggs and milk in the bowl



- I mixed it all up



- Miss Jones cooked it in the pan



**Refer to page 17:** Activity retelling can be presented in present tense, in past tense or in present tense while explaining the task then in past tense after completion of the task.

**Reminder:** For 4 and 5 year olds, the focus is on repeated adult modelling in addition to children retelling the activity.

### 4 Year Old

- Today



- We made pikelets



- We used flour, eggs and milk



- We put the flour, eggs and milk in a big bowl



- Then we took turns to mix it



- And then Miss Jones cooked the pikelets



### 5 Year Old

- Today at snack time



- We made pikelets



- We used flour, eggs and milk



- First we mixed flour, eggs and milk in a big bowl



- Second I dropped some mixture into the pan



- Last Miss Jones took the pikelets out of the pan

