



MOTHERCOULD

TASTE SAFE PAINT

YOU'LL NEED:

- 1/4 cup salt
- 1/2 cup flour
- 1/2 cup water
- Food coloring

INSTRUCTIONS:

1. Mix the flour and salt in a bowl.
2. Add a few drops of food coloring to the water. Pour into the flour and salt mixture.
3. Whip well until and the clumps dissolve.

*You can add more or less water depending on the consistency you desire.

**Store in the refrigerator. Can keep for 6 months or so.



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ICE PAINTS

YOU'LL NEED:

- Ice cube tray
- Water
- Food coloring
- Popsicle sticks

INSTRUCTIONS:

1. Fill an ice cube tray with water. Don't over fill
2. Add a small drop of food coloring to each cube.
3. Cut a popsicle stick in half. Use the flat edge side to mix water and food coloring. Leave the popsicle stick inside
4. Freeze overnight

*When painting, use water color paper for best results.



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PLAY DOUGH

YOU'LL NEED:

- 1 cup flour
- 1/2 cup table salt
- 2 tsp cream of tartar
- 1 tsp oil
- 1 cup boiling water
- Food coloring

INSTRUCTIONS:

1. In a bowl, combine the flour, salt and cream of tartar. Mix well.
2. Add the oil
3. Mix a few drops of food coloring into the boiling water and add to the bowl.
4. Mix everything very well and massage with your hand until it is no longer sticky.
5. Once it has fully cooled, wrap in plastic and put in an airtight container. Store at room temperature for about 6 months.



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PUFFY PAINT

YOU'LL NEED:

- Glue
- Shaving cream
- Food coloring
- Ziploc bag
- Scissors

INSTRUCTIONS:

1. Add equal parts glue and shaving cream in a bowl.
2. Add food coloring and mix well.
- If you want to use the paint in a DIY piping bag:
 1. Add the paint to a ziplock bag.
 2. Close the bag and cut a small piece of corner off.
 3. Squeeze the paint through the opening

PIC•COLLAGE